



Spiritual Laws

*The laws of life provides the way
to our higher consciousness
At some, point in lives our attitudes
and actions will be our keys to
unlocking the secrets of our life.*

We are the creators of our own lives and when we follow the laws of the spirit, they can help to align us with our higher self. However even the highest laws, principles or knowledge can only help us when we remember to apply them to our daily lives. Spiritual laws have nothing to do with our cultural concepts of right or wrong, good, or bad it is more about cause and effect when we come to a fork in the road we make a choice to which path to take. There are no wrong paths as each soul has the birth right of free will but laws do teach us that every action has a reaction so if we took the path that aligned us with our higher self our life experiences or lessons are less of a struggle than the path that was off course.

Ultimately, sooner or later all, the spiritual laws reveal themselves all we have to do is pay attention and to trust that deeper part of ourselves that knows the truth. These spiritual laws are only a few of what the soul will use as a guideline in order for it to accomplish the assortment of tasks it has to fulfill in this life time. It only through our understanding the spiritual laws that the soul grows the level of progress depends upon the souls own enfoldment or it awakened consciousness. We were all meant for greatness each soul comes with it own talents and gift and it is up to you to use them wisely.

*We have to live and we have to die
The rest we make up*

Month 1

The first thing you have to realize this month is that the self does matter in that you have to learn to become aware of who you are and that all things are possible when you

believe in the power of the self. What dreams or goals do you have? In order for you to manifest them, you have to visualize and plan them in your head first and then you can take that first step in making them a reality. Often due to our insecurities, many of our greatest ideas never come to life for we let our fears rule over our lives. Our fears and insecurities come in all forms self-doubts, failure, our past experiences, or it maybe the lord of opinion that we take for truths to what we believe is right for us. Believe in yourself don't be afraid to try new things be adventurous for you never know who you will meet or what new opportunities that will come your way. It is only when we follow what's in our own hearts that we connect with our soul's purpose in bringing out our greatness from within.

Law of Choice

Many of us may not realize that we create our lives by the choices that we make each day. Where you are today was created by the choices you made in the past. Depending on our situations sometimes, we have more power within ourselves to choose our own path and other times we may feel that our choices are limited in that family, work, or friends make them for us. Are you making solid choices in your life? Every thought or ideas that we have are our future seeds and every choice that we make has consequences if we make positive choices then we make our life more enlightening and as well gives a sense of purpose within our lives. But either way the choice is still ours to make, rather we can exercise our free-will in positive or negative way. Yet when we make wise choices, it expands our world, we become more aware of the choices we made in that we become more responsible for our own life and in time we will come to realize that our power is through our choices.

The Law of Action

It is only when we take action do we manifest our dreams or change the circumstances that we may find ourselves in and it doesn't matter what you know or who you are nor does it matter how many books you have read or how talented you are. It is only by being daring in taking that first step do we live to our full potential. Are you afraid to take that first step? Sometimes it can be hard to get ourselves motivated for we seem to wait for that voice in our heads to tell us that it is ok to take action instead of just doing it. Our thoughts are very powerful and sometimes they can stop us from moving forward as that voice starts to whisper thoughts of "You'll fail, you can't do it, wait awhile" or it may be something that you experienced in the past that has created the insecurities of self-doubts. However, it is only when you have the courage to face our fears head on, no matter what our situations or dreams may be we come to realize we have the power to over come our fears and self-doubts because with action comes understanding and knowledge.

*He who lives in Harmony with himself
lives in harmony with the universe*

Month 2

Partnership and co-operation will play a big role this month it not only applies to our outer world but our inner world as well. Inner co-operation can sometimes be hard because soul and the ego have their own agenda and until they learn to work together there can be conflicts when it comes to balancing our inner needs and limits of our outer world. Do you feel in harmony? Sometimes life can be hard especially when we fill our invisible world up with what is happening around us, as it causes conflict between our inner and outer worlds. Quite often, we take on more than what we can handle instead of sharing our responsibilities through co-operation which helps to establish a healthy boundary not only within ourselves but also with the world at large. It is only through giving of the self that we find a happy balance and sometimes whatever we feel we need is really our inner guide telling us is what we most need to give.

The Law of Balance

These days it can be easy for us to lose our sense of balance we fill our lives up with family, work, career, and friends that sometimes it drains us emotionally and physically. We either swing too much one way or the other sometimes we tend to overwork or overload ourselves with not only our own everyday life problems, but everyone else's as well. Do you feel emotionally or physically drained? Every one of us deep down yearns for some kind inner peace or inner balance and yet many of us have forgotten what a sense of balance feels like for we tend to be creatures of habits. Quite often we don't notice the unbalance until it effects the quality of our lives and only then do we become aware of ourselves and start making the shift the other way in finding the middle ground. It is only through quieting the mind that we start to pay attention and listen to our own rhythm and in doing so we start to realize what's out of balance in our life and when we start to make the adjustments you'll find a deeper sense of harmony and inner peace.

The Law of Presence

As you listen to a clock, you can hear time ticking away one second, at a time and as each second passes, it is ticking away the hours and days of our lives. Yet most of us are not aware of the ticking clock for our thoughts are too absorbed with worrying about things of the past or future events, but in truth we only have this moment anything that happened in the past is gone and anything in the future hasn't happened yet. What moment are you living in the past or future? Most worries and problems don't exist in this moment they are only kept alive in our minds by the imagines and pictures of our own reality. It is only when we still the chatter of the mind that we start to realize the now, this moment and as situations arise we handle them. When they appear moment to moment we can then sweep away any unnecessary debris meaning don't attach yourself to any outcome. By learning to live in the now it teaches us that every second of our life is important it give us a sense of inner peace and balance. You will come to know that the now is real and everything else is an illusion even time it self.

The rest of this page is only a small sample of the spiritual laws chart.

Month 3

Law of Patterns

Many of us don't realize that everything we feel, do and think are just a few of our patterns of our habits and belief system. Our habits and what we come to believe about ourselves become the basic to our survival that affects every area of our life and over time, they become a part to who we are. The only way to break the cycle is to replace them with new healthy habits.

Are you a slave to your habits?
Do you find it hard to let go of your unhealthy habits?

Month 4

The Law of Expectations

What we come to believe about ourselves over time tends to shape our life. If we have high expectations about our goals or dreams, we expand our world by our positive thoughts. Our success is easier when we break our far reaching goals down into smaller achievements. It is through our small successes that we realize that we can accomplish anything in life.

What are your expectations?
How dedicated are you?

Month 5

Law of Discipline

Many of us find it hard in disciplining ourselves to our goals or dreams these days we live in a world where we are easily enticed by pleasures of all kinds that many of us would rather do things that bring us pleasures oppose to what we think is work. It is through our dedication and hard work that we are rewarded by having the right to choose our own direction.

Do you find it hard to commit yourself?
Do you get bored easily?

Month 6

Law of Perfection

Many of us tend to struggle when it comes to the law of Perfection especially when it comes to our own expectations of ourselves. We have these visions in our heads of how we would like things to be and when things don't go the way we think they should we

become disappointed or sometimes even heart broken. It is though following what' in our hearts, that we come to realize that excellence is the best we can achieve.

Do you know the true you?
Do you compare yourself to others?

Month 7

The Law of Faith

The law of faith is one of hardest lessons for us all to learn because so many of us seem to discard our own inner wisdom and knowledge we think the truths to who we are is outside of ourselves. It is only when learn to let go of the need to validate our self worth through the eyes of others that we connect to our own higher wisdom which is that deeper part of ourselves that know the truth.

How much faith do you have?
Do you follow the lord of opinion or the wisdom of the heart?

Month 8

The Law of Karma

When you don't know the laws of life, it is easy to break them and as we break these laws, the law of cause and effect says, "You must pay for them." Many of us are not aware that we create our own karma through our own thoughts and deeds. It is very common these days for us to judge and criticize not only our own lives but also everyone else's as well. It is when we understanding the words of you "reap what you sow" do we realize karma is justice.

How do you measure yourself?
Are you careful in what you say or do?

Month 9

The Law of Honesty

The law of Honesty speaks about our integrity and truthfulness and yet before we can be truthful with others we first must stay true to ourselves. This law is similar to the law of Karma in that there are consequences to our action and if we break the law, we feel the effects instantly, because we can't escape from ourselves. It is only when we listen to what's in our hearts that we have the courage to be honest.

Do you live in alignment with your higher self?
Are you being honest with yourself?

To find the number of your Spiritual law month add the number of the month and day of birth, to the month and year that it is. Reduce this number to a single digit. Remember that you can only count to 9 when figuring out your personal month

Example: say you were born January 12 1955

The date of birth

Add $1+1+2=4$

Year and month that you are in June 2008

Add $6+10=16/7$

Now add them both together

Add $4+7= 11/2$

This would mean that your spiritual laws monthly cycle would start on the month 2 which is about the Law of Balance.

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